

	HT 1	HT 2	HT 3	HT 4	HT 5	HT 6
7	<u>Staying Safe Online + Offline</u> 1. What is PSHE? 2. Staying safe Online 3. Online Gaming, Grooming and Addiction 4. Knife Crime and safety 5. Nicotine and smoking 6. Alcohol and risk 7. Avoiding gangs and criminal behaviour 8. Vaping	<u>Rights, Responsibilities and British Values</u> <u>Politics and Parliament</u> 1. Why is Politics important? 2. How is our Country run? 3. The Role of the Prime Minister 4. The Monarchy and King Charles III 5. Political Debates and Parliament 6. Elections and Campaigning 7. Creating a Political Party	<u>Celebrating Diversity and Equality</u> <u>Celebrating differences</u> 1. Multicultural Britain 2. What is your identity? 3. The Equality Act 2010 4. Breaking down stereotypes in society 5. Prejudice and Discrimination 6. Challenging Islamophobia	<u>Careers, options and life beyond school</u> <u>Managing change</u> 1. Getting to know people 2. What is a Community? 3. Careers and your Future 4. Sleep and relaxation / Social Media 5. Financial Education Week 6 – Good Friday	<u>Health and Wellbeing</u> <u>Puberty and body development</u> 1. Introduction to puberty 2. Personal hygiene 3. Growing up 4. Self esteem 5. Tooth decay and dental health *Mindfulness activities available	<u>Relationships and Sex Education RSE</u> <u>Friends, respect and relationships</u> *extra lesson – misogyny – may be delivered during English 1. Consent and Boundaries 2. Respect and Relationships 3. What makes a good friend 4. Friendships and online relationships 5. Being Positive 6. Pressure, Influence and Friends
8	<u>Staying Safe Online + Offline.</u> <u>Dangerous Society, Online and Offline.</u> 1. The importance of PSHE 2. County Lines – what is it? 3. County Lines – who is at risk? 4. Substance misuse 5. Cyberbullying 6. Online Grooming 7. Alcohol safety 8. Child Exploitation and Online Protection	<u>Rights, Responsibilities and British Values</u> <u>Law, Crime and Society</u> 1. Desert Island - living 2. Desert Island – Building a Community 3. Desert Island – Making Decisions 4. Desert Island – Criminals, Law and Society 5. How laws are made 6. Prison, Reform and Punishment 7. Quiz	<u>Celebrating Diversity and Equality</u> <u>Equality and Diversity explored</u> 1. Equality Act 2010 2. LGBTQ+ - What is it. 3. Gender Equality 4. Ableism and Disability discrimination 5. Removing the barriers 6. Racism and Discrimination in society	<u>Careers, options and life beyond school</u> <u>Proud to be me</u> 1. Employability and Enterprise Skills 2. Proud to be me 3. Careers and Aspirations 4. Exploring Careers 5. Self-Esteem and the Media Week 6 – Good Friday	<u>Health and Wellbeing</u> <u>Physical health and mental wellbeing</u> 1. What is Mental Health 2. Positive body image 3. Awareness of abuse and neglect 4. Types of bullying 5. Healthy eating *Mindfulness activities available	<u>Relationships and Sex Education RSE</u> <u>Identity, relationships and sex education</u> *extra lesson – misogyny – may be delivered during English 1. Relationships and sex education 2. Being yourself and self love 3. Healthy respectful relationships 4. What is love 5. Introduction to contraception 6. Sexual orientation
9	<u>Staying Safe Online + Offline.</u> <u>Legal and Illegal drugs.</u> 1. What is a drug? 2. Different substance addictions 3. Cannabis products 4. Drug classifications 5. Party drugs and illegal drugs 6. The war on drugs 7. Volatile substance abuse 8. Drugs and society quiz	<u>Rights, Responsibilities and British Values</u> <u>Combatting Extremism and Terrorism</u> 1. Conspiracy Theories 2. Forms of Extremism 3. What is Terrorism? 4. War and Conflict 5. The Radicalisation Process 6. How does Counter Terrorism work? 7. Antisemitism	<u>Celebrating Diversity and Equality</u> <u>Equality and Diversity explored</u> 1. Homophobia in School and Society 2. Supporting those that are LGBTQ+ 3. LGBTQ+ rights across the world 4. Challenging homophobia 5. Transphobia 6. Coming Out	<u>Careers, options and life beyond school</u> <u>Essential Life Skills</u> 1. Labour Market Information 2. GCSE Options lesson 3. From Failure to Success 4. Finance, Budgeting and Employment 5. Social Media and Online Stress *Additional lesson 06/03/26 – HPV virus and vaccine	<u>Health and Wellbeing</u> <u>Body confidence</u> 1. How self-esteem changes 2. Cancer prevention and Healthy Lifestyle 3. Bullying in all its forms 4. Dealing with Grief and Loss 5. Media and Airbrushing *Mindfulness activities available	<u>Relationships and Sex Education RSE</u> <u>Sex, the law and consent</u> *extra lesson – misogyny – may be delivered during English 1. Sexual consent and the law 2. Why have sex *eligible for withdrawal 3. Sexual harassment and stalking 4. Relationships and partners 5. Treating STIs and the clinic 6. HIV and AIDS, Prejudice and Discrimination
10	<u>Staying Safe Online + Offline.</u> <u>Violence, Crimes and Seeking Safety.</u> 1. Honour based violence 2. Forced marriage and breast ironing 3. Online gaming and gambling 4. Social Media Validation 5. Modern day slavery 6. Deepfake lesson 7. Causes of Knife Crime 8. Keeping your data safe	<u>Rights, Responsibilities and British Values</u> <u>Exploring British Values</u> 1. Critical thinking and fake news 2. Hate Crime in the UK 3. British Values and Identity 4. Mutual respect and Tolerance 5. Individual Liberty 6. What are Human Rights? 7. Democracy Explored	<u>Celebrating Diversity and Equality</u> <u>Exploring world issues</u> 1. International Organisations 2. Peace, War and conflict 3. Aid and Supporting other countries 4. Human rights during war 5. Women's Rights and Equality 6. Strikes and Trade Unions	<u>Careers, options and life beyond school</u> <u>Essential Life Skills</u> 1. Post-16 options 2. Insta and TikTok generation 3. Targeted advertising and your data 4. Exploring a payslip 5. Rights and Responsibilities	<u>Health and Wellbeing</u> <u>Mental health and wellbeing</u> 1. Screen time and safe use mobiles 2. Common types of Mental health 3. Self Harm 4. Suicide (thoughts and feelings) 5. Promoting emotional Wellbeing *Mindfulness activities available	<u>Relationships and Sex Education RSE</u> <u>Risk, relationships and sex education</u> *extra lesson – misogyny – may be delivered during English 1. Delaying sexual activity *eligible for withdrawal 2. Online pornography – myths v reality 3. Porn and its impact on society 4. Unhealthy relationships, sexual abuse and sexual assault 5. Sexualisation of the media 6. Sexting and sharing explicit images
11	<u>Staying Safe Online + Offline.</u> <u>Staying safe</u> 1. Post-16 options and information 2. Virtual Reality and Live streaming	<u>Positivity and Adulthood</u> <u>Health and Wellbeing</u> 1. Culture and Diversity 2. Love and Abuse	<u>Relationships and Sex Education RSE</u> <u>Sexual Health</u>	<u>Careers, options and life beyond school</u> <u>Your future and beyond</u>	GCSE exam season and revision sessions	

	<ul style="list-style-type: none"> 3. Online reputation and digital footprint 4. Group chats and anti-bullying 5. Deepfake lesson * this year only as this has also been introduced in Year 10 6. New psychoactive substances 7. Festivals and nitrous oxide 8. Substance addiction 	<ul style="list-style-type: none"> 3. Mental Health illnesses 4. LGBTQ+ and Homophobia in schools and society 5. Revisiting contraception 6. Parenthood for teenagers 7. Abortion laws, Morals and Ethics 	All students in Year 11 in Maths and English interventions	All students in Year 11 in Maths and English interventions		
		*HIGHWAY TO THE MOON; THE BIG ASSEMBLY. FRIDAY 5 TH DECEMBER.				