

	HT 1	HT 2	HT 3	HT 4	HT 5	HT 6
7	<u>Staying Safe Online + Offline</u> 1. What is PSHE? 2. Staying safe Online 3. Online Gaming, Grooming and Addiction 4. Knife Crime and safety 5. Nicotine and smoking 6. Alcohol and risk 7. Avoiding gangs and criminal behaviour	<u>Rights, Responsibilities and British Values</u> <u>Politics and Parliament</u> 1. Why is Politics important? 2. How is our Country run? 3. The Role of the Prime Minister 4. The Monarchy and King Charles III 5. Political Debates and Parliament 6. Elections and Campaigning 7. Creating a Political Party	<u>Celebrating Diversity and Equality</u> <u>Celebrating differences</u> 1. Multicultural Britain 2. What is your identity? 3. The Equality Act 2010 4. Breaking down stereotypes in society 5. Prejudice and Discrimination 6. Challenging Islamophobia	<u>Careers, options and life beyond school</u> <u>Managing change</u> 1. Getting to know people 2. What is a community? 3. Careers and your future 4. Sleep and relaxation 5. Financial education	<u>Health and Wellbeing</u> <u>Puberty and body development</u> 1.Introduction to puberty 2. Personal hygiene 3. Growing up 4. Self esteem 5. Tooth decay and dental health 6. Girls and boys puberty	<u>Relationships and Sex Education RSE</u> <u>Friends, respect and relationships</u> 1.Consent and Boundaries 2.Respect and Relationships 3.What makes a good friend 4.Friendships and online relationships 5.Being Positive 6.Pressure and Influence 7.ENRICHMENT WEEK
8	<u>Staying Safe Online + Offline.</u> <u>Dangerous Society, Online and Offline.</u> 1. County Lines – what is it? 2. County Lines – who is at risk? 3. Substance misuse 4. Cyberbullying 5. Online Grooming 6. Alcohol safety 7. Child Exploitation and Online Protection	<u>Rights, Responsibilities and British Values</u> <u>Law, Crime and Society</u> 1. Desert Island - living 2. Desert Island – Building a Community 3. Desert Island – Making Decisions 4. Desert Island – Criminals, Law and Society 5. How laws are made 6. Prison, Reform and Punishment 7. Quiz	<u>Celebrating Diversity and Equality</u> <u>Equality and Diversity explored</u> 1.Equality Act 2010 2. LGBTQ+ - What is it. 3. Gender Equality 4. Ableism and Disability discrimination 5. Removing the barriers 6. Racism and Discrimination in society	<u>Careers, options and life beyond school</u> <u>Proud to be me</u> 1.Employability and enterprise skills 2. Exploring Careers 3. What makes me angry and the importance of happiness. 4. Proud to be me 5. Self-esteem and the media	<u>Health and Wellbeing</u> <u>Physical health and mental wellbeing</u> 1.What is Mental Health 2.Positive body image 3.Child abuse 4.Types of bullying 5.Healthy eating 6.Stress management	<u>Relationships and Sex Education RSE</u> <u>Identify, relationships and sex education</u> 1.Relationships and sex education 2.Being yourself and self love 3.Healthy respectful relationships 4.What is love 5.Introduction to contraception 6.Sexual orientation
9	<u>Staying Safe Online + Offline.</u> <u>Legal and Illegal drugs.</u> 1. What is a drug? 2. Different substance addictions 3. Cannabis products 4. Drug classifications 5. Party drugs and illegal drugs 6. The war on drugs 7. Volatile substance abuse	<u>Rights, Responsibilities and British Values</u> <u>Combatting Extremism and Terrorism</u> 1. Conspiracy Theories 2. Forms of Extremism 3. What is Terrorism? 4. War and Conflict 5. The Radicalisation Process 6. How does Counter Terrorism work? 7. Antisemitism	<u>Celebrating Diversity and Equality</u> <u>Equality and Diversity explored</u> 1.Homophobia in School and Society 2. Supporting those that are LGBTQ+ 3. LGBTQ+ rights across the world 4. Challenging homophobia 5. Transphobia 6. Coming Out	<u>Careers, options and life beyond school</u> <u>Essential Life Skills</u> 1.From failure comes success 2. Saving and managing your money 3. Labour Market Information 4. Finance, budgeting and employment 5. Social Media and online stress	<u>Health and Wellbeing</u> <u>Body confidence</u> 1.How self-esteem changes 2.What is a Penis / What is a Vulva 3.Bullying in all its forms 4.Dealing with Grief and Loss 5.Media and Airbrushing 6.Cancer prevention and healthy lifestyles	<u>Relationships and Sex Education RSE</u> <u>Sex, the law and consent</u> 1.Sexual consent and the law 2.Why have sex 3.Sexual harassment and stalking 4. Relationships and partners 5.Treating STIs and the clinic 6. HIV and AIDS
10	<u>Staying Safe Online + Offline.</u> <u>Violence, Crimes and Seeking Safety.</u> 1. Honour based violence 2. Forced marriage and breast ironing 3. Online gaming and gambling 4. Social Media Validation 5. Modern day slavery 6. Keeping your data safe 7. Causes of Knife Crime	<u>Rights, Responsibilities and British Values</u> <u>Exploring British Values</u> 1. Critical thinking and fake news 2. Hate Crime in the UK 3. British Values and Identity 4. Mutual respect and Tolerance 5. Individual Liberty 6. What are Human Rights? 7. Democracy Explored	<u>Celebrating Diversity and Equality</u> <u>Exploring world issues</u> 1. International Organisations 2. Peace, War and conflict 3. Aid and Supporting other countries 4. Human rights during war 5. Striking and Trade Unionism 6. Women's Rights and Equality	<u>Careers, options and life beyond school</u> <u>Essential Life Skills</u> 1. Insta and Tik Tok generation 2. Rights and responsibilities 3. Consumer rights 4. Employment rights 5. Exploring a payslip	<u>Health and Wellbeing</u> <u>Mental health and wellbeing</u> 1.Organ Donation & Blood Donation 2.Screen time and safe use mobiles 3.Common types of Mental health 4.Self Harm 5.Suicide (thoughts and feelings) 6.Promoting emotional Wellbeing	<u>Relationships and Sex Education RSE</u> <u>Risk, relationships and sex education</u> 1.Delaying sexual activity 2.Online pornography – myths v reality 3.Porn and its impact on society 4.Unhealthy relationships, sexual abuse and rape 5.Sexualisation of the media 6. Sexting and sharing explicit images
11	<u>Staying Safe Online + Offline.</u> <u>Staying safe</u> 1. (Post-16 information) Virtual reality and live streaming 2. Online reputation and digital footprint 3. Group chats and anti-bullying 4. Cosmetic and aesthetic procedures 5. New psychoactive substances 6. Festivals and nitrous oxide 7. Substance addiction	<u>Positivity and Adulthood</u> <u>Health and Wellbeing</u> 1. Culture and Diversity 2. Love and Abuse 3. Self-worth and Self Esteem 4. LGBTQ+ and Homophobia in schools and society 5. Routes to Parenthood 6. Mental Health and stigma 7. Alcohol and risk taking	<u>Relationships and Sex Education RSE</u> <u>Sexual Health</u> 1.Peer on Peer Bullying 2.Fertility and what impacts it 3.Alcohol and Bad Choices 4.Importance of Sexual Health 5.Revisiting Contraception and STIs 6. Respect and Relationships	<u>Careers, options and life beyond school</u> <u>Your future and beyond</u> 1. *CV writing session with external employers* 2. Post – 16 options 3. Screen addiction and studying 4. Social Media v Real Life 5. Exam stress and anxiety	<u>Rights, Responsibilities and British Values</u> 1.British Values Democracy 2.British Values Rule of Law 3.Freedom of Faith in the UK 4.UK Religious Belief and Practice 5.Challenging Discrimination *exams will also have started during this half term*	