

	HT 1	HT 2	HT 3	HT 4	HT 5	HT 6
7	Life Beyond School 01 Intro to PSHE 02 Getting to Know People 03 What is a Community 04 Careers and your future 05 Sleep and Relaxation 06 Financial Education 07 Transition points and your Life	Cohesion in Schools Part 1 01 Growth Mindset 02 Empathy 03 Empathy (2) 04 Metacognition	Staying Safe Online + Offline 01 Avoiding Gangs 02 Staying safe online 03 Online Gaming & Fortnite 04 Drugs Education - What is Alcohol 05 Drugs Education - What is smoking 06 Drugs E-Cigs, Vaping and Sisha 07 Drugs Education Energy Drinks & Caffeine	Rights, Responsibilities and British Values 01 Why is Politics Important 02 How is our Country Run 03 Creating a Political Party 04 Elections and Campaigning 05 Political debates and Parliament 06 Exploring Inside Parliament 07 Who is PM Boris Johnson	Health and Wellbeing 01 - Introduction to Puberty 04 - Puberty - Personal Hygiene 05 - Growing up and FGM 06 - Assertive Consent 07 - Self Esteem	(Relationships and Sex Education RSE - *Year 7 Science lessons) Celebrating Diversity and Equality 01 Multicultural Britain 02 What is Your identity 04 The Equality Act 2010 05 Breaking Down Stereotypes in Society 06 Prejudice and Discrimination 07 Challenging Islamophobia
8	Life Beyond School 01 Employability Skills Practice 02 Proud to be me + Careers 03 Career Interests and Job ideas 04 Self Esteem and the Media 05 Labour Market Information 06 Exploring Careers	Cohesion in Schools Part 2 05 Moral Foundations 06 Constructive Disagreement 07 Cooperative Learning 08 Wrap up	Staying Safe Online + Offline 01 County Lines - What is it 02 County Lines who is at risk 03 Substance Misuse 04 Online Safety - Cyber Bullying 05 Grooming Boys and Girls 06 Drugs - Alcohol Safety 07 Child Exploitation Online Protection	Rights, Responsibilities and British Values 01 Desert Island Living 02 Desert Island - Building a Community 03 Desert Island making decisions 04 Criminals, law and Society 05 Law making in the UK 06 Prisons Reform and Punishment	Health and Wellbeing 01 Health and Wellbeing 02 What is Mental Health 03 Positive Body Image 04 Child Abuse 05 Types of Bullying 06 Healthy Eating and Cholesterol 07 Stress Management Part 1	(Relationships and Sex Education RSE - *Year 8 Science lessons) Celebrating Diversity and Equality 02 LGBT what is it 03 Homophobia in School and Society 04 Supporting those that are LGBT 05 Challenging homophobia 06 Transphobia 07 Coming Out
9	Life Beyond School 01 From Failure to Success 02 First Aid lesson 03 Importance of Happiness 04 What is Anger 05 Saving and Managing Money 06 Employment + Financial Management 07 Social Media and Online Stress	Character skills 01 Empathy 02 Communication skills 03 Responding to stereotypes 04 Preconceived thoughts and Perception	Staying Safe Online + Offline 01 Introduction to drugs 02 Different Types of Addictions 03 Drugs - Cannabis Products 04 Drug Classifications 05 Party Drugs 06 Illegal Drugs 07 Volatile Substance Abuse	Rights, Responsibilities and British Values 01 Conspiracy Theories and Extremist Narratives 02 Extremism 03 What is Terrorism 04 Proud to be British 05 The Radicalisation Process 06 Counter Terrorism 07 Anti Semitism	Health and Wellbeing 01 Self Esteem Changes 04 HBT - Bullying in all its forms 05 Dealing with Grief and Loss 06 Media and Airbrushing 07 Cancer Prevention Healthy Lifestyle	Relationships and Sex Education RSE 01 - Sexual Consent and the Law 05 - Sexual Harrassment and Stalking 06 - HIV and AIDS 07 - AIDS Prejudice and Discrimination 05 - Relationships and Partners 01 - STI Lesson
10	Life Beyond School 01 Instagram Generation 02 Targeted Advertising and Your Data 03 Marriage what is it 04 Rights and Responsibilities 05 Consumer Rights 06 Employment Rights 07 Exploring a Pay Check	Celebrating Diversity and Equality 01 International Organisations 02 Brexit 03 Aid and Supporting other countries 04 Fairtrade 05 Peace War and conflict 06 Women's Rights and Equality 07 MeToo and Times Up Movement	Staying Safe Online + Offline 01 Honour Based Violence 02 Forced Marriages 03 Online Gambling 04 Social Media Validation 05 Keeping Data Safe 06 Modern Day Slavery 07 Causes of Knife Crime	Rights, Responsibilities and British Values 01 Critical Thinking and Fake News 02 What is a cult 03 Exploring Britishness and British Values 04 LGBT Rights and British Values 05 What are Human Rights 06 Exploring Human Rights	Health and Wellbeing 01 Child Abuse CSE 02 Screen time and safe use mobiles 03 Common types of Mental health 04 Self Harm 05 Suicide (thoughts and feelings) 06 Promoting emotional Wellbeing	Relationships and Sex Education RSE 01 Campaigning Against FGM 02 Sexting and sharing explicit images 03 Porn Lesson 1 04 Porn Lesson 2 05 Domestic Abuse and Violence 06 Relationships, Sexual Abuse and Rape 07 Sexualisation of the Media
11	Life Beyond School 01 Time Management 02 LGBT rights Across the World 03 Exam Stress and Relaxation 04 Insta Life Vs Real Life 05 CV Writing 06 Writing a Personal Statement	Relationships and Sex Education RSE 01 Peer on Peer Bullying 02 Fertility and what impacts it 03 Alcohol and Bad Choices 04 Importance of Sexual Health 05 Revisiting Contraception 06 Revisiting STIs 07 Respect and Relationships	Staying Safe Online + Offline 01 Virtual Reality, Live Streaming 02 Drugs NPS 03 Festivals and Drugs and Nitrous Oxide 04 War on Drugs 05 Cosmetic Surgery Lesson 06 Drugs Substance Addiction 07 Online Reputation & Digital Footprints	Rights, Responsibilities and British Values 01 British Values Introduction 02 British Values Democracy 03 British Values Rule of Law 04 British Values Freedom of Faith in the UK 05 British Values UK Religious Belief and Practice 06 British Values Challenging Discrimination	Health and Wellbeing 01 Organ Donation & Blood Donation 02 Teenage Pregnancy Choice 03 Abortion Laws, Morals and Ethics 04 Testicular + Prostate Cancer 05 Cervical Breast and Ovarian Cancer 06 Parenthood 07 Love and Abuse	*Year 7 Science lessons for RSE Puberty and Adolescence 1. Changes in puberty 2. Managing feelings 3. Getting help and support *Year 8 Science lessons for RSE Communication Behaviour and Sexual Health 1. Communicating in relationships 2. Conception 3. Contraception